## Garments

Size:	SMALL	MEDIUM	LARGE	XL	XXL	XXXL	4XL	5XL	6XL
Chest to fit (cm):	84 - 92	92 – 100	100 – 108	108 – 116	116 – 124	124 – 132	132 – 140	140 – 148	148 – 156
Waist to fit (cm):	76 – 84	84 - 92	92 – 100	100 – 108	108 – 116	116 -124	124 - 132	132 – 140	140 – 148

## Children's Garments

Size:	X-SMALL	SMALL	MEDIUM	LARGE	XL
Age	3-4	5-6	7 – 8	9 – 10	11+
Height (cm)	92 -104	104 – 116	116 – 128	128 – 140	140 - 152
Chest to fit (cm):	58 - 66	66 – 74	74 – 82	82 - 90	90 - 98